

COMMUNITY MENTAL HEALTH RESOURCES

Gainesville ISD is not affiliated with any of the resources listed. GISD does not endorse or recommend any specific resource or provider nor is it responsible for the actions of any independent agency. This list is only intended as a convenient source of information. There are other agencies and professionals that offer services.

If you or another are in immediate danger, call 911.

CRISIS RESPONSE SERVICES

24-hour emergency care and crisis intervention.

North Texas Medical Center

1900 Hospital Blvd
Gainesville, TX 76240
(940) 612-8150
(940) 665-1751
Emergency Room

Abigail's Arms

1600 Aspen
201 Harvey St.
(940) 665-CURE (2873)
info@abigailsarms.org
*Serving Women and Children Survivors of
Domestic Violence & Sexual Assault*

Texoma Community Center

Cooke County Mental Health Services
301 North Grand Ave.
(940) 612-1389
<https://www.texomacc.org>
24-hour Crisis Line
(877) 277-2226

COUNSELING

STARRY Counseling Services

2150 S Central Expy Suite 160
McKinney, TX 75072
(469) 617-7476
info.mckinney@starry.org
Free counseling with virtual appointments.

Dr. Amy Sue Ott, PhD, LPCS, RPTS

Gainesville, TX
(940) 368-7176
dramy@amysueottphd.com

Izerial Toles, MHR, LPC, LCDC

301 S Lindsay Street
(940) 641-3717
info@therapywithizerial.com

Breakthrough Christian Counseling

Judy Daugett, M.A., LMFT
1001 E Broadway St,
(940) 612-0049
(940) 372-4060

Michaele Ann Bryson, M.Ed., LPC

207 S. Dixon St.
(940) 665-8056
mikebryson750@yahoo.com

A Better Tomorrow Counseling

Kerri L. Kennedy-Reiter, LPC
134 S Mesquite St
Muenster, TX 76252
(866) 731-9608

New Hope Wellness Center

1650 W. Chapman Drive Suite 500
Sanger, TX 76266
(940) 220-9288
<https://newhopeofsanger.com>

Texoma Specialty Counseling

227 S. Travis Street
Ideation Station
Sherman, TX 75090
(888) 659-7618
Specializes in eating disorders.

JoAngeli Zertuche Kasper, MS, LPC

Sherman, TX
(903) 421.3077
<https://joangeli-kasper.clientsecure.me>

Hope for Texoma

Jaquenette "JJ" Robinson, M.Ed., LPC
Brady Robinson, M.Ed., LPC-S
402 W. Lamar St. Suite 105
Sherman, TX 75090
(903) 375-0055

Tidemark Therapy

305 W. Woodard St. Suite 213
Denison, TX 75020
(903) 265-8545

Pecan Branch Counseling

525 S. Locust Street, Suite 101
Denton, TX. 76201
(940) 565-8300
<https://www.pecanbranchcounseling.com>

CCD Counseling, PA

Two Locations in Denton
(940) 382-5328
(972) 353-9404
(800) 897-7068
<https://www.ccdcounseling.com>

Connections Wellness Group

3312 Teasley Ln, Bldg. 100
Denton, TX 76210
(940) 222-2399
<https://connectionswellnessgroup.com/>

Transitions Counseling

Shawn Reed, MHR, LPC
5507 Green Ivy Rd.,
Denton, TX 76210
(972) 369-9462

ONLINE THERAPY SERVICES

Better Help

<https://www.betterhelp.com>

Wellnite

<https://www.wellnite.com>

TalkSpace

<https://www.talkspace.com>

Rethink My Therapy

<https://rethinkmytherapy.com>

Cerebral

<https://cerebral.com>

SonderMind

<https://www.sondermind.com>

PSYCHOLOGY & PSYCHIATRY

Avery Behavioral Health, PLLC

Dr. Tamara Avery, PsyD
208 S. Dixon Street
Gainesville, TX 76240
(940) 612-2445
<https://averybehavioralhealth.weebly.com>

Blue Star Psychology & Consulting, PLLC

Ursula Alford, Ph.D.
419 North Commerce Street
Gainesville, TX 76240
(940) 290-2565
<https://www.bluestarpsychology.com>

Dr. Robert E. Hanson, Ph.D.

209 W California Street
Gainesville, TX 76240
(940) 321-8717

Applied Psychology Group

600 E. Taylor Street, Suite 4011
Sherman, TX 75092
(903) 893-0289
<https://apgtexoma.com>

Premier Psychiatric & Sleep Medicine Associates

121 W. Lamberth Rd, Ste. A
Sherman, TX 75092
(903) 892-6700
info@eximioustx.com

New Balance Psychological Services, PLLC

Jenna Miller, Psy.D.
320 North Travis Street, Suite 305
Sherman, TX 75090
(972) 607-9980
jennamillerpsyd@gmail.com

Child & Family Guidance Center of Texoma

804 E Pecan Grove Rd
Sherman, Texas 75090
(903) 893-7768
<https://cfgcenter.org>

DFW Physicians Medical Associates

Dr. Mehnaz Khan
425 N Highland Ave.
Sherman, TX 75092
(903) 957-0082

Dr. Marshall Bewley

207 West Hickory Street, Ste. 304
Denton, TX 76201
(940) 294-6789
<https://psychologistonthesquare.business.site>

Dixon Psychological Services

416 S Elm St Ste 101
Denton, TX 76201
<https://doctordixon.com>
(940) 304-3115

Cook Children's Psychiatry Clinic

3304 Colorado Blvd.#102
Denton, TX 76210
(940) 484-4311

iChange Counseling & Psychiatry

1400 N Corinth St Suite 109
Corinth TX, 76208
(940) 448-0304
<https://ichangetx.com>

MENTAL HEALTH HOTLINE NUMBERS 24/7 Services

National Suicide Prevention Lifeline

988 or
1-800-273-8255

Texas Youth Hotline

Call or Text
1-800-989-YOUTH (6884)
Free and confidential services to youth, their parents, and other family members of youth in crisis who need help.

The Trevor Project

1-866-488-7386
Text 'START' to 678-678
Information & support to LGBTQ young people.

Your Life, Your Voice

Boys Town National Hotline
800-448-3000
Text VOICE to 20121
Help for Teens – Boys & Girls

National Runaway Safeline

1-800-RUNAWAY
If you are thinking of running from home, if you have a friend who has run away, or if you are a runaway ready to go home.

Crisis Text Line

Text HOME to 741741
A live, trained Crisis Counselor receives the text and responds

National Domestic Violence Hotline

1-800-799-SAFE
1-800-799-7233
Text START to 88788

SAMHSA's National Helpline

1-800-662-HELP
Treatment referral and information service (in English and Spanish) for those facing mental and/or substance use disorders.

Sexual Assault Hotline

1-800-656-HOPE (4673)

RESIDENTIAL TREATMENT FACILITIES & OUTPATIENT BEHAVIORAL HEALTH SERVICES

University Behavioral Health of Denton

2026 W. University Drive
Denton, TX 76201
(940) 320-8100
<https://ubhdenton.com>

TMC Behavioral Health Center

2601 Cornerstone Drive
Sherman, TX 75092
(903) 416-3000
<https://tmcbehavioralhealth.com>

Carrus Behavioral Hospital

1724 W US Hwy 82
Sherman, TX 75092
(903) 870-1222
<https://www.carrushealth.com>

Haven Behavioral Hospital of Frisco

5680 Frisco Square Blvd.,
First Floor
Frisco, TX 75034
(469) 535-6785
<https://www.havenfrisco.com>

Texas Health Behavioral Health

Multiple Locations Across North Texas
(682) 626-8719
Inpatient and Outpatient Programs

Santé Center for Healing

P.O. Box 448
Argyle, TX 76226
(940) 464-7222
*Addiction Recovery, ages 18+
Support Group for Parents*

Carrollton Springs Behavioral Hospital

Four locations in the DFW Area
(972) 382-6939
<https://carrolltonsprings.com/>
*Inpatient Treatment, Partial Hospitalization,
Outpatient Clinical Setting*

Children's Health

1935 Medical District Drive
Dallas, Texas 75235
844-4CHILDRENS
(844) 424-4537
<https://www.childrens.com/>

Cook Children's Rees-Jones Behavioral Health Center

801 7th Avenue
Ft. Worth, TX 76104
(682) 885-3917
cookchildrens.org

The Excel Center of Lewisville

401 N. Valley Parkway, Suites 100 & 200
Lewisville Texas, 75067
(972) 906-5522
<https://excelcenterlewisville.com>

Medical City Healthcare

Multiple Locations in the DFW Area
(844) 671-4204
<https://medicalcityhealthcare.com>

Fort Behavioral Health

7140 Oakmont Boulevard
Fort Worth, TX 76132
(844) 332.1807
<https://www.fortbehavioral.com>

YOUTH INTERVENTION PROGRAMS

Texas Challenge Academy

Patrick Mejia
North Texas
(979) 232-1594
pmejia@riceraiders.net
<https://tmd.texas.gov/texas-challenge-academy>
For teens ages 16-18 at-risk of dropping out.

VIP Recovery, LLC

Vital Intervention Professionals
P.O. Box 817
Prosper, TX 75078
(888) 997-6721
<https://viprecovery.com/>
*Adolescent and Family Interventions,
Transport Services, Recovery Programs*

River View Christian Academy

Located near Austin, TX
(800) 494-2200
<https://riverviewchristianacademy.org>
For girls ages 12-17.

Thrive Girls Ranch

Located near Austin, TX
(512) 545-2226
<https://www.thrivegirlshome.org>
For girls ages 12-17.

New Hope Boys Home

Located near Austin, TX
(512) 521-3655
<https://teenchallengeforboys.org>
For boys ages 12-17.

West Texas Boys Ranch

10223 Boys Ranch Road
San Angelo, Texas 76904-3665
(325) 949-1936
<https://www.wtbr.org/>
For boys ages 11-17.